

Curriculum Vitae
Bethany Ann Teachman

Personal Information

- ❖ Address: University of Virginia, Department of Psychology,
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Current Research Interests

Cognitive processes that contribute to the development, maintenance, and reduction of fear and anxiety disorders, especially automatic information processing biases; stigma of mental illness.

Positions

Fellow	Stanford Center for Advanced Study in the Behavioral Sciences (CASBS)	2011-2012
Director of Clinical Training	Department of Psychology, University of Virginia	2010 - 2011
Associate Professor	Department of Psychology, University of Virginia	2008 - present
Assistant Professor	Department of Psychology, University of Virginia	2002 - 2008
Visiting Scholar	Department of Psychology, Stanford University	Fall 2005

Education

Clinical Psychology Postdoctoral Residency	University of Virginia License to practice as clinical psychologist granted August 2003 by Commonwealth of Virginia, Department of Health Professions	2002 – 2003
Clinical Psychology Intern	Massachusetts General Hospital Cognitive Behavioral Scientist track	2001 – 2002
Ph.D., Psychology	Yale University Doctoral thesis: <i>Untangling the web of fear associations: An investigation of automatic processing in spider phobia</i> Supervised by Sheila Woody, Ph.D.	May, 2002
M.S., Psychology	Yale University Masters thesis: <i>Self-focused attention and causal attributions in evaluative social situations</i> Supervised by Sheila Woody, Ph.D.	May, 1999
Honours B.A., Psychology	University of British Columbia Honours thesis: <i>Moral development in the peer and family context</i> Supervised by Larry Walker, Ph.D.	May, 1996
Student Exchange Program	University of Melbourne, Australia	1994-1995

Grants

NIA R01AG033033

Title: Age Differences in Distress Following Intrusive Thoughts

Role: Principal Investigator Location of Tenure: University of Virginia

Value: \$1,894,116 (U.S.\$) Period Held: 2009-2014

NIH RO1MH075781

Title: Fear in the eye of the beholder: Fear and the perception of spatial layout

Role: Co-Principal Investigator Location of Tenure: University of Virginia
(Principal Investigator: Dennis Proffitt)

Value: \$1,309,729 (U.S.\$) Period Held: 2007-2011

Community-Based Research Grant from the University of Virginia Institute on Aging

Title: Aging and Anxiety: Intrusive Thoughts as a Barrier to Healthy Aging

Role: Principal Investigator (with Joshua Magee) Location of Tenure: University of Virginia

Value: \$4,300 (U.S.\$) Period Held: 2008-2009

NIMH Small Grants Program R03 PA-03-039

Title: Information Processing and Treatment for Panic Disorder

Role: Principal Investigator Location of Tenure: University of Virginia

Value: \$152,375 (U.S.\$) Period Held: 2005-2007

Max Planck Network on Aging Junior Fellow Grant

Title: Age Differences in the Predictors of, and Responses to, Anxiety Symptoms

Role: Principal Investigator Location of Tenure: University of Virginia

Value: \$9,992 (U.S.\$) Period Held: 2006-2008

University of Virginia Institute on Aging Pilot Grant

Title: Subjective cognitive complaints as a predictor of anxiety and obsessional thinking in older populations

Role: Principal Investigator Location of Tenure: University of Virginia

Value: \$17,500 (U.S.\$) Period Held: 2004-2005

Social Sciences and Humanities Research Council of Canada

Title: Properties of Disgust and Fear

Role: Collaborator Location of Tenure: University of British Columbia

Value: \$110,000 (Cdn.\$) Period Held: 2001-2004

American Psychological Association Dissertation Research Award

Title: Implicit cognitive processing among individuals with spider phobia: Treatment outcome

Role: Principal Investigator Location of Tenure: Yale University

Value: \$1,000 (U.S.\$) Period Held: 2000-2001

Natural Sciences and Engineering Research Council of Canada Fellowship

Title: Implicit associations for fear-relevant stimuli among individuals with snake and spider

fears

Role: Principal Investigator Location of Tenure: Yale University
Value: \$38,200 (Cdn.\$) Period Held: 1999-2001

John F. Enders Collaborative Research Grant

Title: Implicit Attitudes Toward Phobic Stimuli: Changes Over Treatment
Role: Co-Principal Investigator Location of Tenure: Yale University
Value: \$1500 (U.S.\$) Period Held: 1999-2000

Mentorship on Grants and Awards

K99 AA017669 NIH Pathway to Independence Award

Title: Retraining automatic biases related to problem drinking in College students
Role: Mentor for Kristen Lindgren, PhD
Period Held: 2008-2013

F31MH083337 NIH Ruth L. Kirschstein National Research Service Awards

Title: Modifying implicit social anxiety associations: An experimental intervention
Role: Principal Investigator (with Elise Clerkin) Location of Tenure: University of Virginia
Period Held: 2008-2009

F31 MH074166 NIH Ruth L. Kirschstein National Research Service Awards

Title: Development of information processing in spider fear
Role: Principal Investigator (with Shannan Smith-Janik) Location: University of Virginia
Period Held: 2005-2007

American Psychological Association Mental Health and Substance Abuse Services Fellowship

Title: Ethnic differences in somatic triggers of anxiety
Role: Mentor for Tynessa Gordon
Period Held: 2004-2007

Scholarships, Fellowships, and Gifts

Center for International Studies Faculty Travel award (sponsoring outreach work in Romania)

Value: \$1500 (U.S.\$)
Location of Tenure: University of Virginia
Period Held: 2011

University of Virginia Teaching Fellowship

Value: \$7000 (U.S.\$)
Location of Tenure: University of Virginia
Period Held: 2006-2007

Charlottesville-Albemarle Community Foundation: Funding for study on stigma of mental illness through the Mental Health Services Fund

Value: \$1000 (U.S.\$)

Location of Tenure: University of Virginia
 Period Held: 2003

Yale University Fellowship (annually for 5 years)
 Value: \$11,000 / year (U.S.\$)
 Location of Tenure: Yale University
 Period Held: 1997-2002

University of British Columbia Morris Belkin prize for Top Psychology Honors Thesis
 Value: \$300 (Cdn.\$)
 Location of Tenure: University of British Columbia
 Period Held: 1996

Honors and Awards

American Psychological Association (APA) Distinguished Scientific Award for Early Career
 Contribution to Psychology in the area of psychopathology 2012

Programmatic Distinguished Visitor, University of Western Australia 2011-2014

International Max Planck Research School “The Life Course: Evolutionary and
 Ontogenetic Dynamics (LIFE)” Invited Faculty 2010

Outstanding Professor Award, given to one member of the University of Virginia
 Psychology Department 2008

Early Career Award from the Anxiety SIG for the Association for Behavioral
 and Cognitive Therapies 2007

University of Virginia Teaching Fellowship 2006 - 2007

Max Planck International Research Network on Aging (Junior Fellow) 2005-2008

Mead Honored Faculty, University of Virginia 2004 - 2005
 Teaching award from the Mead Endowment in conjunction with the Dean of the College.

Yale University Psychology Department: Jane Olejarczyk Award 2000 - 2001
 Awarded to a graduate student who has contributed significantly to enhance the department.

Anxiety Disorders Association of America Trainee Travel Award 2002
 Award presented at annual Anxiety Disorders Association of America conference in Austin, TX.

Massachusetts General Hospital: Emerson Award 2002
 Annual award recognizing the contribution of a manuscript authored by a clinical psychologist.

Editorial Positions

Associate Editor:

- Perspectives on Psychological Science (2010-current)
- Cognition and Emotion (2007-2010)

Editorial Boards:

- Cognitive Therapy and Research (2006-current)
- Journal of Abnormal Psychology (2005-2010)

Guest Editor:

- Journal of Behavior Therapy and Experimental Psychiatry (2005-2006)

Publications

▪ Books

Teachman, B. A., Schwartz, M., Gordic, B., & Coyle, B. (2003). Helping your child overcome an eating disorder: What you can do at home, Oakland, CA: New Harbinger.

Woody, S., Detweiler-Bedell, J., Teachman, B. A., & O'Hearn, T. (2002). Treatment planning in psychotherapy: Taking the guesswork out of clinical care, New York: Guilford Press.

▪ Journal Articles

Graydon, M., Linkenauger, S., Teachman, B. A., & Proffitt, D. R. (accepted). Scared stiff: The influence of anxiety on the perception of action capabilities. Cognition and Emotion.

Menatti, A., Smyth, F. L., Nosek, B. A., & Teachman, B. A. (accepted). Reducing stigma toward individuals with mental illnesses: A brief, online intervention. Stigma, Research and Action.

Cody, M. W., & Teachman, B. A. (in press). Global and local evaluations of public speaking performance in social anxiety. Behavior Therapy. doi: 10.1016/j.beth.2011.01.004

Magee, J. C., & Teachman, B. A. (in press). Distress and recurrence of intrusive thoughts in younger and older adults. Psychology and Aging.

Teachman, B. A., Drabick, D., Hershenberg, R., Vivian, D., Wolfe, B., & Goldfried, M. (in press). Bridging the gap between clinical research and clinical practice. Psychotherapy.

Buhlmann, U., Teachman, B. A., & Kathmann, N. (2011). Evaluating implicit attractiveness beliefs in body dysmorphic disorder using the Go/No-go Association Task. Journal of Behavior Therapy and Experimental Psychiatry, 42, 192-197. doi: 10.1016/j.jbtep.2010.10.003

Clerkin, E. M., & Teachman, B. A. (2011). Training interpretation biases among individuals with

symptoms of obsessive compulsive disorder. Journal of Behavior Therapy and Experimental Psychiatry, 42, 337-343. doi: 10.1016/j.jbtep.2011.01.003

- Saporito, J., Ryan, C., & Teachman, B. A. (2011). Reducing stigma toward seeking mental health treatment among adolescents. Stigma Research and Action, 1, 9-21. doi:10.5463/sra.v1i2.26
- Steinman, S. A., & Teachman, B. A. (2011). Cognitive processing and acrophobia: Validating the Heights Interpretation Questionnaire. Journal of Anxiety Disorders, 25, 896-902.
- Steinman, S. A., Teachman, B. A. (in press). A new measure of cognitive processing: Heights Interpretation Questionnaire. Journal of Anxiety Disorders, 25, 896-902. *Corrigendum*.
- Teachman, B. A., & Treat, T. A. (2011). Reactions to the call to reboot psychotherapy research and practice: Introduction to special series of comments on Kazdin and Blase. Perspectives on Psychological Science, 6, 475-477.
- Teachman, B. A., Marker, C. D., & Clerkin, E. M. (2010). Catastrophic misinterpretations as a predictor of symptom change during treatment for panic disorder. Journal of Consulting and Clinical Psychology, 78, 964-973. doi: 10.1037/a0021067
- Clerkin, E. M., & Teachman, B. A. (2010). Training implicit social anxiety associations: An experimental intervention. Journal of Anxiety Disorders, 24, 300-308. doi: 10.1016/j.janxdis.2010.01.001
- Cody, M. W., & Teachman, B. A. (2010). Post-event processing and memory bias for performance feedback in social anxiety. Journal of Anxiety Disorders, 24, 468-479. doi: 10.1016/j.janxdis.2010.03.003
- Steinman, S. A. & Teachman, B. A. (2010). Modifying interpretations among individuals high in anxiety sensitivity. Journal of Anxiety Disorders, 24, 71-78. doi: 10.1016/j.janxdis.2009.08.008
- Wilhelm, S., Steketee, G., Fama, J., Buhlmann, U., Teachman, B., & Golan, E. (2009). Modular cognitive therapy for obsessive-compulsive disorder: A waitlist-controlled trial. Journal of Cognitive Psychotherapy, 23, 294-305. doi: 10.1891/0889-8391.23.4.294
- Teachman, B. A., & Gordon, T. L. (2009). Age differences in anxious responding: Older and calmer, unless the trigger is physical. Psychology and Aging, 24, 703-714. doi: 10.1037/a0016813
- Olatunji, B. O., Woods, C., de Jong, P. J., Teachman, B., Sawchuk, C. N., & David, B. (2009). Development and initial validation of an abbreviated Spider Phobia Questionnaire using item response theory. Behavior Therapy, 40, 114-130. doi: 10.1016/j.beth.2008.04.002
- Joormann, J., Teachman, B. A., & Gotlib, I. H. (2009). Sadder and less accurate? False memory for negative material in depression. Journal of Abnormal Psychology, 118, 412-417. doi:

10.1037/a0015621

- Clerkin, E. M., & Teachman, B. A. (2009). Automatic and strategic measures as predictors of mirror gazing among individuals with body dysmorphic disorder symptoms. Journal of Nervous and Mental Disease, *197*, 589-598. doi: 10.1097/NMD.0b013e3181b05d7f
- Teachman, B. A., & Smith-Janik, S. B. (2009). Relationship between disgust and memory biases in spider fear. International Journal of Cognitive Therapy, *2*, 16-36. doi: 10.1521/ijct.2009.2.1.16
- Teachman, B. A., & Saporito, J. (2009). I am going to gag: Disgust cognitions in spider and blood-injury-injection fears. Cognition and Emotion, *23*, 399-414. doi: 10.1080/02699930801961731
- Clerkin, E. M., Cody, M. W., Stefanucci, J. K., Proffitt, D. R., & Teachman, B. A. (2009). Imagery and fear influence height perception. Journal of Anxiety Disorders, *23*, 381-386. doi: 10.1016/j.janxdis.2008.12.002
- Buhlmann, U., Teachman, B. A., Naumann, E., Fehlinger, T. & Rief, W. (2009). The meaning of beauty: Implicit and explicit self-esteem and attractiveness beliefs in body dysmorphic disorder. Journal of Anxiety Disorders, *23*, 694-702. doi: 10.1016/j.janxdis.2009.02.008
- Teachman, B. A., Stefanucci, J. K., Clerkin, E. M., Cody, M. W., & Proffitt, D. R. (2008). A new mode of fear expression: Perceptual bias in height fear. Emotion, *8*, 296-301. doi: 10.1037/1528-3542.8.2.296
- Teachman, B. A., Marker, C. D., & Smith-Janik, S. B. (2008). Automatic associations and panic disorder: Trajectories of change over the course of treatment. Journal of Consulting and Clinical Psychology, *76*, 988-1002. doi: 10.1037/a0013113
- Teachman, B. A., & Addison, L. M. (2008). Training non-threatening interpretations in spider fear. Cognitive Therapy and Research, *32*, 448-459. doi: 10.1007/s10608-006-9084-z
- Smith-Janik, S., & Teachman, B. A. (2008). Impact of priming on explicit memory in spider fear. Cognitive Therapy and Research, *32*, 291-302. doi: 10.1007/s10608-007-9122-5
- Peris, T. S., Teachman, B. A., & Nosek, B. A. (2008). Implicit and explicit stigma of mental illness: Links to clinical care. Journal of Nervous and Mental Disease, *196*, 752-760. doi: 10.1097/NMD.0b013e3181879dfd
- Gordon, T. L., & Teachman, B. A. (2008). Ethnic group differences in affective, behavioral, and cognitive markers of anxiety. Journal of Cross-Cultural Psychology, *39*, 424-446. doi: 10.1177/0022022108318224
- Clerkin, E. M., Teachman, B. A., & Smith-Janik, S. B. (2008). Sudden gains in group cognitive-behavioral therapy for panic disorder. Behaviour Research and Therapy, *46*, 1244-1250. doi:

10.1016/j.brat.2008.08.002

- Clerkin, E. M., & Teachman, B. A. (2008). Perceptual and cognitive biases in individuals with body dysmorphic disorder symptoms. *Cognition and Emotion*, *22*, 1327-1339. doi: 10.1080/02699930701766099
- Buhlmann, U., Teachman, B. A., Gerbershagen, A., Kikul, J., & Rief, W. (2008). Implicit and explicit self-esteem and attractiveness beliefs among individuals with body dysmorphic disorder. *Cognitive Therapy and Research*, *32*, 213–225. doi: 10.1007/s10608-006-9095-9
- Wiers, R. W., Teachman, B. A., & De Houwer, J. (2007). Implicit cognitive processes in psychopathology: an Introduction. *Journal of Behavior Therapy and Experimental Psychiatry*, *38*, 95-104. doi: 10.1016/j.jbtep.2006.10.002
- Teachman, B. A., Smith-Janik, S. B., & Saporito, J. (2007). Information processing biases and panic disorder: Relationships among cognitive and symptom measures. *Behaviour Research and Therapy*, *45*, 1791-1811. doi: 10.1016/j.brat.2007.01.009
- Teachman, B. A., Siedlecki, K. L., & Magee, J. (2007). Aging and symptoms of anxiety and depression: Structural invariance of the tripartite model. *Psychology and Aging*, *22*, 160-170. doi: 10.1037/0882-7974.22.1.160
- Teachman, B. A., & Clerkin, E. M. (2007). Obsessional beliefs and the implicit and explicit morality of intrusive thoughts. *Cognition and Emotion*, *21*, 999-1024. doi: 10.1080/02699930600985576
- Teachman, B. A., & Allen, J. P. (2007). Development of social anxiety: Social interaction predictors of implicit and explicit fear of negative evaluation. *Journal of Abnormal Child Psychology*, *35*, 63-78. doi: 10.1007/s10802-006-9084-1
- Teachman, B. A. (2007). Linking obsessional beliefs to OCD symptoms in older and younger adults. *Behaviour Research and Therapy*, *45*, 1671-1681. doi: 10.1016/j.brat.2006.08.016
- Teachman, B. A. (2007). Evaluating implicit spider fear associations using the Go/No-go Association Task. *Journal of Behavior Therapy and Experimental Psychiatry*, *38*, 156-167. doi: 10.1016/j.jbtep.2006.10.006
- Otto, M. W., Teachman, B. A., Cohen, L. S., Soares, C. N., Vitonis, A. F., & Harlow, B. L. (2007). Dysfunctional attitudes and episodes of major depression: Predictive validity and temporal stability in never-depressed, depressed, and recovered women. *Journal of Abnormal Psychology*, *116*, 475-483. doi: 10.1037/0021-843X.116.3.475
- Magee, J. C., & Teachman, B. A. (2007). Why did the white bear return? Obsessive-compulsive symptoms and attributions for unsuccessful thought suppression. *Behaviour Research and Therapy*, *45*, 2884-2898. doi: 10.1016/j.brat.2007.07.014

- Haefffel, G. J., Abramson, L. Y., Brazy, P. C., Shah, J. Y., Teachman, B. A., & Nosek, B. A. (2007). Explicit and implicit cognition: A preliminary test of a dual-process theory of cognitive vulnerability to depression. *Behaviour Research and Therapy*, *45*, 1155-1167. doi: 10.1016/j.brat.2006.09.003
- Teachman, B. A., Woody, S. R., & Magee, J. (2006). Implicit and explicit appraisals of the importance of intrusive thoughts. *Behaviour Research and Therapy*, *44*, 785-805. doi: 10.1016/j.brat.2005.05.005
- Teachman, B. A., Wilson, J., & Komarovskaya, I. (2006). Implicit and explicit stigma of mental illness in diagnosed and healthy samples. *Journal of Social and Clinical Psychology*, *25*, 75-95. doi: 10.1521/jscp.2006.25.1.75
- Teachman, B. A. (2006). Pathological disgust: In the thoughts, not the eye, of the beholder. *Anxiety, Stress and Coping*, *19*, 335-351. doi: 10.1080/10615800601055923
- Teachman, B. A. (2006). Aging and negative affect: The rise and fall and rise of anxiety and depression symptoms. *Psychology and Aging*, *21*, 201-207. doi: 10.1037/0882-7974.21.1.201
- Teachman, B. A. (2005). Information processing and anxiety sensitivity: Cognitive vulnerability to panic reflected in interpretation and memory biases. *Cognitive Therapy and Research*, *29*, 479-499. doi: 10.1007/s10608-005-0627-5
- Teachman, B. A., & Woody, S. (2004). Staying tuned to research in implicit cognition: Relevance for clinical practice with anxiety disorders. *Cognitive and Behavioral Practice*, *11*, 149-159. doi: 10.1016/S1077-7229(04)80026-9
- Teachman, B. A., & Woody, S. (2003). Automatic processing among individuals with spider phobia: Change in implicit fear associations following treatment. *Journal of Abnormal Psychology*, *112*, 100-109. doi: 10.1037/0021-843X.112.1.100
- Teachman, B. A., Gapinski, K., Brownell, K., Rawlins, M., & Jeyaram, S. (2003). Demonstrations of implicit anti-fat bias: The impact of providing causal information and evoking empathy. *Health Psychology*, *22*, 68-78. doi: 10.1037/0278-6133.22.1.68
- Shafran, R., Frampton, I., Heyman, I., Reynolds, M., Teachman, B. A., & Rachman, S. (2003). The preliminary development of a new self-report measure for OCD in young people. *Journal of Adolescence*, *26*, 137-142. doi: 10.1016/S0140-1971(02)00083-0
- Teachman, B. A., Gregg, A., & Woody, S. (2001). Implicit processing of fear-relevant stimuli among individuals with snake and spider fears. *Journal of Abnormal Psychology*, *110*, 226-235. doi: 10.1037/0021-843X.110.2.226
- Teachman, B. A., & Brownell, K. (2001). Implicit anti-fat bias among health professionals: Is anyone immune? *International Journal of Obesity*, *25*, 1525-1531. doi:

10.1038/sj.ijo.0801745

Radomsky, A., Rachman, S., Thordarson, D., McIssac, H., & Teachman, B. A. (2001). The Claustrophobia Questionnaire. Journal of Anxiety Disorders, *15*, 287-297. doi: 10.1016/S0887-6185(01)00064-0

Woody, S., & Teachman, B. A. (2000). Intersection of disgust and fear: Normative and pathological views. Clinical Psychology: Science and Practice, *7*, 291-311. doi: 10.1093/clipsy/7.3.291

Teachman, B. A., & Brownell, K. (2000). Fearful cognitions associated with eating pathology: Psychometric properties of a new scale. Eating Disorders: Journal of Treatment and Prevention, *8*, 291-305.

Shafran, R., Teachman, B. A., Kerry, S., & Rachman, S. (1999). A cognitive distortion associated with eating disorders: Thought-shape fusion. British Journal of Clinical Psychology, *38*, 167-179. doi: 10.1348/014466599162728

Radomsky, A., Rachman, S., Teachman, B. A., & Freeman, W. (1998). Why do episodes of panic come to an end? Journal of Anxiety Disorders, *12*, 263-270. doi: 10.1016/S0887-6185(98)00014-0

Rachman, S., Shafran, R., Mitchell, D., Trant, J., & Teachman, B. A. (1996). How to remain neutral: An experimental analysis of neutralization. Behaviour Research and Therapy, *34*, 889-898. doi: 10.1016/S0005-7967(96)00051-4

▪ Chapters

Teachman, B. A., Goldfried, M., & Clerkin, E. M. (in press). Panic and phobias. In L. G. Castonguay and T. F. Oltmanns (Eds.), Psychopathology: Bridging the gap between basic empirical findings and clinical practice. Guilford Press.

Teachman, B. A., Cody, M. W., & Clerkin, E. M. (2010). Clinical applications of implicit social cognition theories and methods. In B. Gawronski and K. Payne (Eds.), Handbook of implicit social cognition: Measurement, theory, and applications. New York: Guilford Press.

Teachman, B. A., & Clerkin, E. M. (2009). A case formulation approach to resolve treatment complications. In M. Otto and S. Hofmann (Eds.), Treatment failures in the anxiety disorders. Springer Publishing Company, New York, NY. doi: 10.1007/978-1-4419-0612-0_2

Teachman, B. A., Woody, S. R., & Friedman, M. A. (2005). Focus of attention and causal attributions in social anxiety. In P. Gower (Ed.), New Research on the Psychology of Fear. New York: Nova Science Publishers.

Teachman, B. A., & Smith-Janik, S. (2005). Extinction and habituation. In M. Hersen, and J.

Rosqvist, (Eds.), Encyclopedia of behavior modification and cognitive behavior therapy, Volume 1: Adult clinical applications, Thousand Oaks, CA: Sage Publications.

Teachman, B. A., & Mallett, R. (2005). Measurement of bias (pp. 121-133). In K. D. Brownell, R.M. Puhl, M. B. Schwartz, & L. Rudd (Eds.), Weight bias: Nature, consequences and remedies. New York: Guilford Press.

- **Book Reviews**

Teachman, B. A., & Gordon, T. L. (2004). Chicken soup for the psychologists' soul. Review of Psychology 101^{1/2}: The Unspoken Rules for Success in Academia by Robert Sternberg. Contemporary Psychology: The APA Review of Books, 49, 792-794. doi: 10.1037/004885

Teachman, B. A. (2004). Choosing a yellow brick road. Review of Beginnings: The art and science of planning psychotherapy by Mary Jo Peebles-Kleiger. Contemporary Psychology: The APA Review of Books, 49, 496-498. doi: 10.1037/004413

- **Other Published Work**

Teachman, B. A., & Steinman, S. A. (2010). Challenges and rewards of teaching and learning about evidence based practice. Invited article for Clinical Science, *fall issue*, 9-11.

Teachman, B. A. (August, 2010). Understanding the interplay between anxiety and cognition from a lifespan perspective. Invited article for The Life Course: Evolutionary and Ontogenetic Dynamics (LIFE) Newsletter.

Teachman, B. A. (2008, April). Information processing in anxiety disorders: Automatic and insidious. Invited article for the Association for Behavioral and Cognitive Therapies Anxiety Disorder Special Interest Group Newsletter.

Teachman, B. A. (2008). What to expect from cognitive behavioral therapies. Invited article for Association for Behavioral and Cognitive Therapies web site.

Invited Talks and Colloquium

Interactive Model of Anxious processing (IMAP): I think therefore I panic

Stanford University, Department of Psychology, Affective Area Seminar 2011, October

Stanford University, Department of Psychology, Social Area Seminar 2011, October

Mental disorder: What's that? 2011, October

Presenter and panelist at the Center for Advanced Study in the Behavioral Sciences (CASBS)
"Crosstalk" series at Stanford University

Dissemination of Evidence Based Treatment

2011, September

Presenter and panelist at the Center for Advanced Study in the Behavioral Sciences (CASBS)
"Looking Ahead" series at Stanford University

- Treating anxiety disorders in adults 2011, July
Invited workshop for Romanian psychologists sponsored by the Alexandru Ione Cruz University in Iasi, Romania
- Aging and emotional health: Relieving stress and managing negative moods
Charlottesville Senior Center (invited workshop) 2010, November
- Aging and emotional reactions: Not a simple story
Guest Lecture for University of Virginia's Art & Aging Class in Psychology 2010, September
- I think therefore I panic: Understanding cognitive processing in anxiety disorders from a developmental perspective 2010, May
LIFE Spring Academy (Int'l Max Planck Research School on Life Course), Charlottesville, VA
- I think therefore I panic: Biased cognitive processing in panic disorder
University of Virginia, Women's Work Program, Charlottesville, VA 2010, December
University of Virginia, Social Psychology Seminar, Charlottesville, VA 2010, March
University of Virginia, Psychology Research Class, Charlottesville, VA 2010, March
- The PACT Lab Sampler Plate: A taste of anxiety, and an amuse-bouche of biased cognitive processing and intervention in a lifespan perspective sauce
University of Virginia, Cognitive Psychology Seminar, Charlottesville, VA 2009, November
- It's out of my control: Automatic processing in anxiety disorders
University of CO at Boulder psychology department colloquium, Boulder, CO 2008, February
Washington University psychology department colloquium, St Louis, MO 2008, October
Dickinson College psychology department colloquium, Carlisle, PA 2009, January
University of Virginia psychology department colloquium, Charlottesville, VA 2009, February
University of Western Australia psychology department, Perth, Australia 2009, March
Concordia University psychology department colloquium, Montreal, QC 2009, March
- Facing the mirror again: Body dysmorphic disorder assessment and treatment 2009, March
Workshop for the Australian Association of Cognitive Behaviour Therapies, Perth, Australia
- Treatment planning in clinical psychology: An evidence-based approach 2009, March
Workshop for the Australian Association of Cognitive Behaviour Therapies, Perth, Australia
- Obsessional beliefs and responses to intrusive thoughts: A lifespan perspective 2008, November
University of Virginia, Developmental Psychology Seminar, Charlottesville, VA
- Managing anxiety problems among patients and caregivers 2008, February
Virginia Conference on Geriatric Care: 'Sharing the Challenge: Tools for Successful Caregiving'
- Emotional influences on perception and cognition: Be afraid...be very afraid 2008, February
University of Virginia psychology department colloquium

- Anxiety disorders: Assessment, etiology, and treatment 2006-2008 (annually),
February
Guest Lecture for University of Virginia's Curry Programs in Clinical and School Psychology
- Automatic perceptual biases: A novel mode of fear expression 2007, December
FWO Scientific Research Community Meeting, Ghent, Belgium
- Information processing in anxiety disorders: Automatic and insidious 2007, November
Early Career Award Address: Anxiety SIG, Association for Behavioral and Cognitive Therapies
- Aging, bodily threat and anxiety
Maxnet Aging International Research Network meeting, Stockholm, Sweden. 2007, June
- Changing interpretations: Consequences for anxiety disorders
University of Virginia, Cognitive Psychology Seminar, Charlottesville, VA. 2006, November
- Aging, arousal and anxiety
Maxnet Aging International Research Network meeting, Charlottesville, VA. 2006, May
- Aging and cognitive theories of anxiety
Maxnet Aging International Research Network meeting, Marbella, Spain. 2005, November
- Obsessional beliefs and implicit appraisals of intrusive thoughts.
Stanford University, Psychology Department Personality Seminar, Stanford, CA. 2005, October
- Using implicit associations to test cognitive theories of anxiety
Implicit Cognition and Attention in Experimental Psychopathology and Health 2005, August
research meeting, Netherlands.
- Cognitive processing in anxiety disorders: Untangling the web of fear associations
Virginia Polytechnic Institute and State University, Blacksburg, VA. 2004, November
- Cognitive processing in anxiety disorders: Why spiders are so creepy
Washington and Lee University, Lynchburg, VA. 2004, April
- Using implicit cognition to examine changes following treatment for phobias and panic disorder
Implicit Cognition in Psychopathology Meeting, Belgium. 2003, August
- Supporting your loved one: Coping and resources
Annual meeting of the National Eating Disorders Association, St. Charles, IL. 2003, October
- Untangling the web of fear associations: An investigation of automatic processing in spider phobia
University of Wisconsin, Madison, WI. 2001, May
University of Pennsylvania, Philadelphia, PA. 2001, November
University of Waterloo, Waterloo, ON. 2002, January

University of Western Ontario, London, ON.	2002, January
University of Virginia, Charlottesville, VA.	2002, February
University of Missouri, Columbia, MO.	2002, February
Harvard University, Cambridge, MA	2002, March
Massachusetts General Hospital, Boston, MA	2002, June
<u>The skinny on automatic anti-fat bias</u>	
University of Wisconsin, Madison, WI.	2001, October
University of Pennsylvania, Philadelphia, PA.	2001, November
<u>Implicit fearful attitudes toward critters that creep and crawl</u>	
Yale University, Current Topics in Clinical Psychology, New Haven, CT.	1999, November
<u>What you lookin' at? Self-focused attention, causal attributions and social anxiety</u>	
Yale University, Current Topics in Clinical Psychology, New Haven, CT.	1999, January
Yale University, Current Topics in Social Psychology, New Haven, CT.	1999, February

Invited Meetings and Consulting

Expert witness	2010-2011
“Schizophrenia prevention: Using the tools of cognitive neuroscience to understand stigma associated with the risk label in the community.” Supported by the Irving Institute for Clinical and Translational Research of Columbia University	2010-present
“Stigma Associated with a High-Risk State for Psychosis: Potential Adoption of a Controversial Diagnosis for DSM-V.” Supported by Columbia University School of Public Health, Calderone Prize awarded to Lawrence Yang	2009- present
Research Community of the Flemish Science Foundation (FWO-Vlaanderen): “Automatic Processes in Psychopathology and Health Related Behavior”	2007-2012
‘B’ is for Bias, Southern Poverty Law Center	2006
American Psychological Association Science Leadership Conference	2005, 2007

Teaching Experience

Courses taught:

- Abnormal Psychology (undergraduate lecture course)
- Experimental Psychopathology (graduate seminar)
- Psychological Intervention (graduate seminar)

Fear and Anxiety Disorders (undergraduate seminar)

Clinical Training and Experience

University of Virginia's Mary Ainsworth Psychological Clinic: Therapist and Supervisor
July 2002 – present, Director: Lee Llewellyn, Ph.D.

Massachusetts General Hospital: Clinical Psychology Fellow (cognitive-behavior track)
July 2001- 2002, Directors: Michael Otto, Ph.D., Steven Safren, Ph.D., Sheila O'Keefe, Ed.D.

Yale Psychological Services Clinic: Assistant Director
July 2000 - 2001, Primary Supervisor: Todd O'Hearn, Ph.D.

Yale Psychological Services Clinic: Anxiety Disorders Practicum
July 1999 – 2001, Primary Supervisors: Sheila Woody, Ph.D., Diane Sholomskas, Ph.D.

Yale Center for Eating and Weight Disorders: Therapist
July 1998 – 1999, Primary Supervisors: Marlene Schwartz, Ph.D., Kristin Siebrecht, Ph.D.

Yale Psychological Services Clinic: Intake Clinician
Sept. 1997 - July 1998, Primary Supervisors: Sheila Woody, Ph.D., Rhonda Adessky, Ph.D.

West Haven VA Hospital, Connecticut (interviews with inner-city adolescents to assess PTSD and substance abuse) Summer 1998, Primary Supervisor: Deborah Lipschitz, M.D.

St Paul's Hospital (in-patient eating disorder unit), British Columbia: Assessor
Fall 1996 - Spring 1997, Primary Supervisor: Josie Geller, Ph.D.

Leadership and Service Experience**National:**

- 2012 American Psychology Association Division 12 Program Committee
- 2011 Association for Psychological Science, search committee for editor for new journal *Psychological Clinical Science*
- 2009-2011 At-Large Representative to the Society for a Science of Clinical Psychology Board (Division 12, Section III of the American Psychology Association)
- 2010-present American Psychology Association Division 12 Mentorship Program
- 2010-present Chair, Clinical Science Training Grant Committee, Society for a Science of Clinical Psychology
- 2010-present Chair, Committee for Psychological Science Job Mentorship Program, Society for a Science of Clinical Psychology and Association for Psychological Science
- 2009-2010 Selection committee, World Congress of Behavioral and Cognitive Therapies annual conference
- 2008-present Web Advisory Board, Association for Behavioral and Cognitive Therapies
- 2008-present 'Ambassador', Association for Behavioral and Cognitive Therapies (invited)

- position to help promote the organization)
- 2008-present Advisory Board Member, Anxiety Special Interest Group for the Association for Behavioral Cognitive Therapies
- 2008, 2011 Nominations Committee, Society for a Science of Clinical Psychology
- 2008-2009 Society for a Science of Clinical Psychology representative to American Psychology Association Summit Committee to evaluate prescription privileges for psychologists
- 2007 Editor, Anxiety disorder sections for the update to the American Psychology Association Division 12 Empirically Supported Treatments web site
- 2005-2011 Science and Practice Committee, American Psychology Association Division 12
- 2002 Association for the Advancement of Behavior Therapy Program Committee
- 1999-2001 Clinical Representative, APA Science Student Council

University of Virginia:

- 2010-2011 Psychology Department, Director of Clinical Training
- 2010-2011 Chair, Psychology Department Colloquium Committee
- 2010-2011 Chair, Psychology Department Graduate Student Well-Being Committee
- 2010 Promotion and Tenure Committee
- 2002-2005, 2009-present Student Mentor, Office of African American Affairs
- 2008-2010 Graduate student mentor for Tomorrow's Professor Today program
- 2008-2009 Psychology Department Human Participants Committee
- 2003-2005, 2006-2008 Psychology Department Steering Committee
- 2006, Spring Psychology Department Computer/Shop Committee
- 2004-2005, 2010-present Psychology Department Graduate Committee
- 2004-2005 Faculty mentor for College Technology Internship Program
- 2004--2007, 2010-present Faculty mentor for To Write Love On Her Arms/Students for Mental Health Awareness student groups
- 2003-2005 Psychology Department Clinical Faculty Search Committee
- 2003-2004 Psychology Department Interdisciplinary Committee
- 2003 Faculty Marshall, commencement services
- 2002--2007 Faculty Sponsor, HOPE student group for the prevention of eating disorders

Visiting Scholars (hosted by the lab):

- 2010 Wilson Melo (Brazil)
- 2007-2008 Bogdan Tulbure (Romania)

<h3>Professional Affiliations</h3>

- American Psychology Association
- Anxiety Disorders Association of America
- Association for Behavioral and Cognitive Therapies
 - Anxiety Disorders Special Interests Group
 - Women's Special Interests Group
- Association for Psychological Science
- Society for Personality and Social Psychology
- Society for the Science of Clinical Psychology, APA Division 12

- Past member- Obsessive Compulsive Foundation
- Past member- Sigma Xi, The Scientific Research Society

Ad Hoc Reviewer

Journals:

- Anxiety, Stress and Coping
- Behavior Therapy
- Behaviour Research and Therapy
- Child Development
- Cognitive Therapy and Research
- Depression and Anxiety
- Emotion
- Health Psychology
- International Journal of Cognitive Therapy
- Journal of Abnormal Psychology
- Journal of Adolescent Health
- Journal of Affective Disorders
- Journal of Anxiety Disorders
- Journal of Behavior Therapy and Experimental Psychiatry
- Journal of Consulting and Clinical Psychology
- Journal of Social and Clinical Psychology
- Personality and Individual Differences
- Psychological Assessment
- Psychological Medicine
- Psychological Science
- Psychology and Aging

Grant Agencies:

- National Science Foundation
- Dutch Technology Foundation STW
- Research Council of the University of Ghent
- UK Medical Research Council, London
- Romanian National Council for Research and Development

Other:

External dissertation evaluator, University of Western Australia (2008)

Center for Advanced Study in the Behavioral Sciences applicant reviewer (2011)

External dissertation evaluator, University of Haifa (2012)

Selected Conference Posters and Presentations

Cody, M. W., Pasciuti, M. L., Gasser, M. L., Stevens, E. S., & Teachman, B. A. (2011, November). Moderators of true and false memories using the DRM paradigm in social phobia. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.

- Cruz, J. R., Cody, M. W., Magee, J. M., & Teachman, B. A. (2011, November). Mediators of treatment outcome for panic disorder with comorbid medical illness. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.
- Gorlin, E. I., Smyth, F. L., & Teachman, B. A. (2011, November). Reaction time as a moderator of the relationship between state and trait affect. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.
- Steinman, S. A., Cutler, A. Y., Faulkner, L. M. D., Cressy, C. G., & Teachman, B. A. (2011, November). Cognitive processing and acrophobia: Validating the Heights Interpretation Questionnaire. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.
- Steinman, S. A., Teachman, B. A., & Smyth, F. L. (2011, November). Challenges of measuring implicit associations for complex clinical issues: Anxiety sensitivity as a prototype. In A. J. Ouimet & A. S. Radomsky (Co-Chairs), *Implicit Cognition in Anxiety Disorders: Development, Maintenance, and Treatment*. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.
- Teachman, B. A. (2011, November). Comorbid anxiety and disordered eating: Research findings and implications for treatment. Invited discussant at the annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.
- Wentz, A. J., Green, J. S., & Teachman, B. A. (2011, November). Healthy interpretations with healthy aging. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.
- Steinman, S. A., & Teachman, B. A. (2011, May). Implicit associations in anxiety and related disorders: Stories of success and failure. Paper to be presented at the annual meeting of the Association for Psychological Science, Washington, DC.
- Teachman, B. A. (2011, May). Using the tools of cognitive science to advance clinical theory and practice. Chair of symposium to be presented at the annual meeting of the Association for Psychological Science, Washington, DC.
- Cody, M. W., Lazarus, R. C., & Teachman, B. A. (2010, November). Anxious but accurate? Effects of state anxiety on local and global elements of the Rey Complex Figure Test. Poster presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, San Francisco, CA.
- Cruz, J. R., Simpson, J. W., Hosseinbor, S., Story, K. K., & Teachman, B. A. (2010, November). Older and wiser: Age related differences in response to varying content in intrusive thoughts. Poster presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, San Francisco, CA.

- Magee, J. C., Buck, N., Laughinghouse, T., & Teachman, B. A. (2010, November). Don't even think about it: older adults and increased thought suppression effort. Poster presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, San Francisco, CA.
- Schmidt; S. M., Simpson, J., & Teachman, B. A. (2010, November). Correlates of state and trait looming appraisals in a contamination fearful sample. Poster presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, San Francisco, CA.
- Simpson, J., Schmidt; S. M., Werntz, A. J. & Teachman, B. A. (2010, November). The role of implicit associations in predicting anxiety and avoidance behavior in contamination fearful adults. Poster presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, San Francisco, CA.
- Simpson, J., & Teachman, B. A. (2010, November). The effect of implicit association training on emotional vulnerability in contamination fearful adults. Paper presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, San Francisco, CA.
- Steinman, S. A., Smyth, F., Melo, W., & Teachman, B. A. (2010, November). Challenges of measuring implicit associations for complex clinical issues: Anxiety sensitivity as a prototype. Poster presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, San Francisco, CA.
- Steinman, S. A., & Teachman, B. A. (2010, November). Patterns and mechanisms of change in panic disorder. Paper presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, San Francisco, CA.
- Teachman, B. A. (Chair) (2010, November). The elusive search: Finding work-life balance across stages of life and stages of career. Panelists: Bethany Teachmann Amie Grills-Taquechel, Alison McLeish, Elissa Brown. Panel presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, San Francisco, CA.
- Teachman, B. A., & Smith-Janik; S. J. (2010, November). Disgust is a minor player in memory biases in spider fear. Paper presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, San Francisco, CA.
- Cabeleira, C., Bucks, R., Teachman, B. A., & MacLeod, C. (June, 2010). Emotional appraisal of ambiguous scenarios in older and younger adults. Poster presented at the annual meeting of the World Congress of Behavioral and Cognitive Therapies, Boston, MA.
- Steinman, S. A., & Teachman, B. A. (June, 2010). Heights interpretation questionnaire: Scale validation and psychometric properties. Poster presented at the annual meeting of the World Congress of Behavioral and Cognitive Therapies, Boston, MA.

- Teachman, B. A. (June, 2010). Automatic associations in psychopathology: do they have surplus value? Invited discussant at the annual meeting of the World Congress of Behavioral and Cognitive Therapies, Boston, MA.
- Teachman, B. A., & Clerkin, E. M. (June, 2010). Training interpretation biases among individuals with symptoms of obsessive compulsive disorder. Paper presented at the annual meeting of the World Congress of Behavioral and Cognitive Therapies, Boston, MA.
- Clerkin, E. M., & Teachman, B. A. (2009, November). Training implicit social anxiety associations: an experimental intervention. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
- Clerkin, E. M., Wertz, A.J., Schmidt, S.M., & Teachman, B. A. (2009, November). Training interpretation biases among individuals with symptoms of obsessive compulsive disorder. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
- Cody, M. W., & Teachman, B. A. (2009, November). Post-event processing mediates negative self-perceptions in social anxiety. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
- Cody, M. W., Viar, M. A., & Teachman, B. A. (2009, November). Calibration between memory for global and local evaluations of performance in social anxiety. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
- Cody, M. W., Viar, M. A., & Teachman, B. A. (2009, November). Global and local performance evaluations in social anxiety. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
- Cruz, J. R., Simpson, J. W., Harrison, V. M., Patel, P., & Teachman, B. A. (2009, November). The effect of thought content on emotion regulation and thought recurrence in intrusive thoughts. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
- Magee, J. C., Buck, N., Viar, M., Laughinghouse, T., & Teachman, B. A. (2009, November). Experiences with intrusive thoughts in younger and older adults. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
- Smith-Janik, S. B., & Teachman, B. A. (November, 2009). Age differences in information processing biases in spider fear. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
- Steinman, S. A., & Teachman, B. A. (2009, November). Modifying interpretations among individuals high in anxiety sensitivity. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.

- Steinman, S. A., Tulbure, B., & Teachman, B. A. (2009, November). State affect as a predictor of implicit associations among individuals high in spider fear. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
- Teachman, B. A., & Gordon, T. (2009, November). Age differences in anxious responding depend on the age-relevance of the anxiety trigger. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
- Teachman, B. A., Marker, C. D., & Clerkin, E. M. (2009, November). Time course of changes in interpretation bias and symptom reduction in treatment for panic disorder. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
- Viar, M. A., Cody, M. W., & Teachman, B. A. (2009, November). The effect of self-focused attention and evaluation on perceived performance in social anxiety. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
- Behar, E. (Moderator) (August, 2009). Refining the definition of research-supported treatments: A look to the future. Panelists: Martin M. Antony, Andres De Los Reyes, David Klonsky, Thomas Ollendick & Bethany Teachman. Invited panel discussion at the annual meeting of the American Psychological Association, Toronto, ON.
- Nock, M. (Moderator) (August, 2009). Funding your research: Information on finding, writing, and managing grants. Panelists: Matthew Nock, Bethany Teachman, & Mitchell Prinstein. Invited symposium at the annual meeting of the American Psychological Association, Toronto, ON.
- Schad, M., Mikami, A. E., Teachman, B. A., & Allen, J. P. (April, 2009). Implicit and explicit measures of peer rejection as differential predictors of future adjustment. Poster presented at the biennial meeting of the Society for Research in Child Development, Denver, CO.
- Clerkin, E. M., Cumming, E. C., Siodmok, S. L., & Teachman, B. A. (2009, February). Modifying implicit associations impacts subsequent emotional vulnerability to a social stressor. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Tampa, FL.
- Magee, J. C., Laughinghouse, T., Viar, M., Buck, N., & Teachman, B. T. (2009, February). Emotion regulation after intrusive thoughts in younger and older adults. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Tampa, FL.
- Steinman, S. A., Tulbure, B., & Teachman, B. A. (2009, February). Evaluating the effects of state anxiety on implicit associations among individuals high in spider fear. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Tampa, FL.
- Clerkin, E. M., Cody, M. W., Aikens, T.H., Stefanucci, J. K., Proffitt, D. R., & Teachman, B. A. (2008, November). Imagery biases visual perception in height fear. Poster presented at the

annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.

Clerkin, E. M., & Teachman, B. A. (2008, November). Attractiveness beliefs and mirror avoidance: The relationship between automatic and strategic measures of body dysmorphic disorder symptoms. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.

Cody, M. W., Clerkin, E. M., Appleman, C. A., & Teachman, B. A. (2008, November). Effects of imagery on affect and cognition in height fear. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.

Cody, M. W., & Teachman, B. A. (2008, November). Memory bias in social anxiety. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.

Gordon, T., Beadel, J., & Teachman, B. A. (2008, November). Ethnic differences in anxiety triggers and responses. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.

Magee, J. C., & Teachman, B. T. (2008, November). Why did the white bear return? Attributions for unsuccessful thought suppression and obsessive-compulsive symptoms. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.

Menatti, A. R., Cody, M. W., & Teachman, B. A. (2008, November). False memory for social feedback in social anxiety. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.

Smith-Janik, S. B., & Teachman, B. A. (November, 2008). Predictors of anxious responding in spider fear: Behavioral inhibition and information processing. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.

Smith-Janik, S. B., & Teachman, B. A. (November, 2008). Role of priming on explicit memory in spider fear. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.

Steinman, S. A., Grim, E. C., Beadel, J. R., & Teachman, B. A. (2008, November). Training positive interpretations among individuals high in anxiety sensitivity. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.

Teachman, B. A., Marker, C. D., & Smith-Janik, S. B. (2008, November). Changes in automatic panic associations as a predictor of symptom reduction in treatment for panic disorder. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.

Clerkin, E. M., Cumming, E. M., Jankowski, K. F., Skliris, C. A., & Teachman, B. A. (2007,

- November). Relationships among automatic and strategic measures of body dysmorphic disorder. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Clerkin, E. M., & Teachman, B. A. (2007, November). Facial perception and cognition in BDD. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Cody, M. W., Huynh, C., Viar, M. A., Menatti, A. R., & Teachman, B. A. (2007, November). Negative self-relevant memory bias in social anxiety. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Gordon, T. L., & Teachman, B. A. (2007, November). The link between anxiety and physiological arousal in African Americans. Poster presented at the meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Magee, J. C., & Teachman, B. A. (2007, November). Obsessive-compulsive symptoms and perceived failure at thought suppression. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Saporito, J., Ryan, C., & Teachman, B. A. (2007, November). Reducing stigma toward seeking mental health treatment. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Smith-Janik, S. B., Reimuller, A. N., Jankowski, K. F., Eonta, A. M., & Teachman, B. A. (2007, November). Age differences in information processing biases in spider fear. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Teachman, B. A., Smith-Janik, S. B., & Saporito, J. (2007, November). Independence and predictive validity of information processing biases in panic disorder. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Teachman, B. A., Stefanucci, J. K., Clerkin, E. M., Cody, M. W., & Proffitt, D. R. (2007, November). Looking over the edge: Perceptual and implicit association biases in height fear. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Spencer, S. V., & Teachman, B. A. (2007, March). Children's disgust responses to trace, associational, and interpersonal contamination. Poster presented at the biennial meeting of the Society for Research in Child Development, Boston, MA.
- Buhlmann, U., Teachman, B. A., Gerbershagen, A., Kikul, J., & Rief, W. (2006, November). Implicit and explicit self-esteem and attractiveness beliefs among individuals with body dysmorphic disorder. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

- Clerkin, E., Bocarnea, I., Gaertner, A., Zinder, J., & Teachman, B. A. (2006, November). The relationship between symptoms of body dysmorphic disorder and perceptual and information processing biases. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- Cody, M. W., Clerkin, E. M., Reiman, R. J., Winlack, J. F., Stefanucci, J. K., and Teachman, B. A. (2006, November). Relationship of cognitive and perceptual biases to other markers of height fear. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- Gordon, T. L., Marker, C. D., & Teachman, B. A. (2006, November). Confirmatory factor analysis of the anxiety sensitivity index across different ethnic groups. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- Magee, J. C., Turkheimer, E., & Teachman, B. A. (2006, November). Age invariance of obsessive-compulsive disorder beliefs and symptoms. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL
- Smith-Janik, S., Saporito, J., & Teachman, B. (2006, November). Implicit panic associations: Information processing biases and prediction of panic symptoms. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- Teachman, B. A. & Addison, L. M. (2006, November). Training interpretation biases away from threat in spider fear. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- Teachman, B. A., Magee, J., Clerkin, E., & Woody, S. R. (2006, November). Obsessional beliefs and predictors of implicit versus explicit responses to unwanted thoughts. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- Teachman, B. A. (2006, June). Obsessional beliefs and implicit appraisals of intrusive thoughts. Paper presented at the annual meeting of the Duck Conference on Social Cognition, Duck, NC.
- Clerkin, E., Schottinger, E., Horn, E. & Teachman, B. A. (2005, November). Obsessional beliefs and morality: Influences on implicit and explicit self-evaluation. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, DC.
- Gordon, T., Teachman, B. A., Burnett, D., Eliezer, D., Reid, E., & Schottinger, E. (2005, November). Ethnic variations in affective, behavioral, and cognitive markers of anxiety. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, DC.

- Magee, J. C., Siedlecki, K. L., & Teachman, B. A. (2005, November). Age-Related differences in the structure of negative affect. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, DC.
- Saporito, J., Unger, S. B., Mackaronis, J., & Teachman, B. A. (2005, November). Stigma toward mental illness as a predictor of attitudes toward seeking treatment. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, DC.
- Smith-Janik, S. B., Griffiths, C., Lin, Y.-K., Jensen, K. A., & Teachman, B. A. (2005, November). The role of state anxiety at encoding versus recall on explicit memory in spider fear. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, DC.
- Teachman, B. A., & Allen, J. P. (2005, November). Development of social anxiety symptoms in adolescents: Social interaction as a predictor of implicit and explicit fear of negative evaluation. Paper presented at the annual meeting of the Association for the Behavioral and Cognitive Therapies, Washington, DC.
- Teachman, B. A., & Saporito, J. (2005, November). Implicit and explicit disgust cognitions in BII and spider fear. Paper presented at the annual meeting of the Association for the Behavioral and Cognitive Therapies, Washington, DC.
- Teachman, B. A. (2005, October). Testing cognitive theories of anxiety disorders. Paper presented at the annual meeting of the Person Memory Interest Group, Julian, CA.
- Woody, S. R., Corcoran, K., & Teachman, B. A. (2005, June). Normal appraisals of unwanted thoughts. Paper presented at the annual meeting of the Canadian Psychological Association, Montreal, Quebec.
- Teachman, B. A. (2005, March). Relationships among information processing biases in anxiety sensitivity and panic. Paper presented at the annual meeting of the Anxiety Disorders Association of America, Seattle, WA.
- Teachman, B. A., & Smith-Janik, S. (2005, March). Change in information processing over the course of treatment for panic disorder. Paper presented at the annual meeting of the Anxiety Disorders Association of America, Seattle, WA.
- Teachman, B. A., Woody, S. R., & Magee, J. (2005, March). Implicit and explicit appraisals of the importance of intrusive thoughts. Paper presented at the annual meeting of the Anxiety Disorders Association of America, Seattle, WA.
- Ellis, J. C., & Teachman, B. A. (2004, November). Anxiety sensitivity and information processing: Schema/memory and interpretation biases. Poster presented at the annual meeting of the Association for the Advancement of Behavior Therapy, New Orleans, LA.

- Gordon, T. L., & Teachman, B. A. (2004, November). Ethnic variations in anxious cognitions: Evaluation of a new scale. Poster presented at the annual meeting of the Association for the Advancement of Behavior Therapy, New Orleans, LA.
- Magee, J. C., Klassen, T. K., Mackaronis, J. E., Morris, L. E., Woody, S., & Teachman, B. A. (2004, November). Appraisal of unwanted, intrusive thoughts: influences on implicit and explicit self-esteem. Poster presented at the annual meeting of the Association for the Advancement of Behavior Therapy, New Orleans, LA.
- Saporito, J. M., Heiman, N. R., Unger, S. B., & Teachman, B. A. (2004, November). Disgust cognitions: Predictors of spider and blood-injection-injury fears. Poster presented at the annual meeting of the Association for the Advancement of Behavior Therapy, New Orleans, LA.
- Smith-Janik, S. B., & Teachman, B. A. (2004, November). The impact of state anxiety on explicit memory in spider fear. Poster presented at the annual meeting of the Association for the Advancement of Behavior Therapy, New Orleans, LA.
- Komarovskaya, I., Hernandez, B., Patberg, Z., & Teachman, B. A. (2004, February). Lack of in-group bias on measures of implicit and explicit stigma of mental illness. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Austin, TX.
- Otto, M. W., Teachman, B. A., Cohen, L. S., Soares, C. N., Vitonis, A., & Harlow, B. L. (2003, November). Dysfunctional attitudes and depression: Predictive validity and temporal stability in never-depressed, depressed, and recovered women. Poster presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Boston, MA.
- Teachman, B. A. (2003, February). Comparison of implicit and explicit disgust and fear responding among spider phobics. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Los Angeles, CA.
- Teachman, B. A., Gapinski, K., & Brownell, K. (2002, February). Implicit anti-fat/pro-thin stereotypes: Not just a matter of health. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Savannah, GA.
- Teachman, B. A., & Woody, S. (2001, November). Treatment sensitivity of implicit cognitive processing among individuals with spider phobia. Paper presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Philadelphia, PA.
- Woody, S., Detweiler-Bedell, J., & Teachman, B. A. (2001, November). Treatment Planning in Clinical Psychology: An Evidence-Based Approach. Workshop presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Philadelphia, PA.
- Teachman, B. A. (2001, August). Chair: Psychology reaches out: Introducing psychological science to local schools. Paper presented at the 108th Annual APA Convention, San Francisco, CA.

- Teachman, B. A., Gapinski, K., & Brownell, K. (2001, February). Stigma of obesity: Implicit attitudes and stereotypes. Poster presented at the annual meeting of the Society for Personality and Social Psychology, San Antonio, TX.
- Woody, S., & Teachman, B. A. (2000, November). Behavior in relation to spiders: disgust and fear. Paper presented at the annual meeting of the Association for the Advancement of Behavior Therapy, New Orleans, LA.
- Teachman, B. A. (2000, August). Chair: Psychology Goes Public: Disseminating Science and Influencing Public Policy. Paper presented at the 107th Annual APA Convention, Washington, DC.
- Teachman, B. A., Gregg, A., & Woody, S. (1999, November). Implicit processing of threat-relevant stimuli among individuals with snake and spider fears. Paper presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Toronto, ON.
- Teachman, B. A., Gregg, A., & Woody, S. (1999, August). Implicit processing of threat-relevant stimuli among individuals with snake and spider fears. Poster presented at the 107th Annual APA Convention, Boston, MA.
- Radomsky, A., Thordarson, D., Rachman, S., McIsaac, H., & Teachman, B. A. (1998, November). The Claustrophobia Questionnaire (CLQ). Poster presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Washington, DC.
- Shafran, R., Somers, J., Rachman, S., & Teachman, B. A. (1998, November). Assessment and treatment of OCD in children and adolescents. Paper presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Washington, DC.
- Teachman, B. A., Woody, S., Friedman, M., & Carter, R. (1998, August). Focus of attention and causal attributions in evaluative social situations. Poster presented at the 106th Annual APA Convention, San Francisco, CA.
- Teachman, B. A., Shafran, R., & Rachman, S. (1997, November). Experimental investigation of appraisal biases associated with eating disorders. Poster presented at the annual meeting of the Association for the Advancement of Behavior Therapy, Miami, FL.
- Rachman, S., Shafran, R., Teachman, B. A., Trant, J., & Maltby, G. (1997, August). Perceived responsibility and thought-action fusion: An experimental analysis. Paper presented at the European Association of Behaviour and Cognitive Therapy, Venice.
- Shafran, R., Teachman, B. A., Lilley, C. & Rachman, S. (1997, August). Assessment and development of childhood OCD. Paper presented at the European Association of Behaviour and Cognitive Therapy, Venice.
- Shafran, R., Thordarson, D., Teachman, B. A., & Rachman, S. (1997, August). The association

between appraisal biases and abnormal behaviour. Poster presented at the European Association of Behaviour and Cognitive Therapy, Venice.

Rachman, S., Radomsky, A. S., Teachman, B. A., & Freeman, W. (1997, June). Why do episodes of panic come to an end? Poster presented at the Canadian Psychology Association Annual Conference, Toronto, ON.

Radomsky, A. S., Teachman, B. A., & Rachman, S. (1997, June). Predictive validity of the Claustrophobia Questionnaire (CLQ). Poster presented at the Canadian Psychology Association Annual Conference, Toronto, ON.

Radomsky, A. S., Teachman, B. A., Baker, V., & Rachman, S. (1996, November). Perceptual and cognitive distortions of feared stimuli. Poster presented at the annual meeting of the Association for the Advancement of Behavior Therapy, New York, NY.